Andrea Tallis is a teacher of ballet technique, composition and improvisation.
Her early training and professional experiences were in Los Angeles, New York, and Frankfurt. Her teachers and directors included Irina Kosmovska, John Clifford, Melissa Hayden.

She continued her education through her teenage years, under scholarship, with the Pennsylvania Ballet School and the School of American Ballet in New York.

She worked as soloist with Makarova and Company and as principle dancer with the Los Angeles Ballet. She danced main roles in Copelia (Balanchine), Romeo and Juliet (Cifford), Les Sylphide (Petipa), Scotch Symphony(Balanchine) and many other pieces.
 She joined Ballet Frankfurt in 1983 under the direction of Egon Madsen and subsequently worked for William Forsythe from 1984-1999. She worked extensively on the development of creations and concepts with William Forsythe during the years with Ballet Frankfurt, and has reconstructed his pieces for many companies since.

She was Ballet Master with the Gothenburg Ballet 1999–2002 and then until Oct 2009 has worked freelance.
She has been reconstructing pieces, such as full-length Nutcracker, Don Quixote, Romeo and Juliet, and others.
She has taught classes and assisted creations for companies such as The Royal Danish Ballet, Norwegian National Ballet, Netherlands Dance Theater, Gothenburg Ballet, Cullberg Ballet and others. During this period she was responsible for pieces as a Ballet Master, by choreographers Ohad Naharin, Jiri Kylian, Sidi Larbee Cherkaoui, Jacopo Godani, Twyla Tharp, William Forsythe, and others. Since 2009, she is a ballet professor at The University of Music and Performing Arts, Frankfurt am Main, BA Tanz.